



ITIM MAN PE ITIM UKUDI KORONA (COVID -19)

GIN MA ITIM MAN PE ITIM MALUBO KUM OKUDI KORONA (COVID-19)

CAKERE MERE:

Nyai pa okudi korona(COVID-19) gicako ngiang pire i ngom me Chaina nindo 31/12/2019. Nyai pare dong otundo ingom ceke. Yo me nyai pa okudi korona i Uganda otye malo. Pire tek nia dhano obed ayika man ngili ngili pi neno yo me gengo me nongo okudi korona (COVID-19). Ministry me yot kum odaro kagoro piny ma omako itim man kud itim pini ponjo lwak Kara okudi korona (COVID-19) odaki.

UKUDI KORONA (COVID-19) EN ANGO?

Ukudi korona (COVID-19) nyai pare otye opio. Ekobo ikum dhano acel acel kan engulu Aonda man egiro ume opodho iwi piny mutop.

NEN MAN LANYUTH PA UKUDI KORONA (COVID-19)

- Lyeto matek
- Olo
- Rem idand ngati
- Yweyo doko tek
- Piny macalo ngicho ku um mawok cawa ceke, tamu man winjo goro kum ma romi zo.

ANGO MUMAKU GITIM MEGWOKO NGATI (PINY MA ITIM) .

1. Cawa ceke omako inen nia llwoko cingi manongo ijwayo maleng ku sabuni
Pirango? Lwoko cingi ku pii man sabuni neko ukudi manongo okandere idye cingi.

2. Um dhogi man umi ku karataci me yweyo kum nyoke latambara ka itye kaolo nyo katamu. Nen nia ibayo karataci mi yweyo kum eno opio pio man ilwok cingi ipii ma igwei ku sabuni.litambara ma itye kudu no omako ilwoke ilwoke in kubang ceng man irweye ku paci ma lyet, iya maani, ibi gwoko dhano mukende kud ikum ukudi moko kende kende manyo copo bini iyore mir aonda giru cawa uke .
3. Gwok bedo bor mekind wu ku ngati matye ka oolo man giru .(nen nia kokoro mita ario).
4. Gwok ka mulo wengi,umi man dogi ,cing muo ping mapol macoko cilo man ukudi ma icopo mucido nibino ikimi.
5. Kan itye ku tho ma ledo kum,aonda man yweyo madiyo dhano,omako iyeny yoo me otyat opio pio. Ka copere, iwong jurutic me yot kum man ipoy gi pi yot kum peri. Nen nia ilubo cik pa juru tic me yot kumu.
6. Dhano matye ku two avuru omako gi um um⁷-gi ku dhogi man gibedi iot ma wang abi ne lac.
7. Ka itye kagwoko ngati matye ku lanyut macalo aonda man lyeto kum, gijuko cwinyi nia iti kugin me umo wang me umo umi ku dhogi pi gwoko kumi giri.
8. Temb kutek pini lwoko man nidunyo piny ma wang gi nen matek tek sawa ceke masalo kofulu/pata me dhogola , dhogola pa mutakari, wang-abi ot ku bang-ceng ku pii man sabuni.
9. Juru woto ceke muai kud imyom madong emako dhano mapol meigi, omako gi lub cik pa jumi me yot kum I bar ndege man kud iwang boda ceke me Uganda.

GIN MUMAKU KUD JUTIM.

1. Gwok motho cing man moth me gwakiri sawa ceke.
2. Gwokri nibedo kacok ku dhano manen gitye ku lanyut me two giru (lyetho,aonda ,giru).
3. Kam etye ku remo me lanyuth me giru , wek cidho ikabedo palwak me wekidak two eno ni dhamo mukende.
4. Wek kendo kendi me otyat ma giumo kudu wang dhono no ka ipe ku lanyuth ma calo aonda ,girunya cwer me pii umi.
5. Pe imwony yat piri giri nia yat magengo remo.
6. Pe ingul lau ikind lwak .nong kabedo giyubo macalo soroni ma in icopo mgulu ii lau ni.
7. Nen nia ikuru kong pe mewotho iwi ngom madong kawoni dhano mapol two korona eni omako gi . tek omako ya icidhi, tim ber ilubo yo me gwokere ma otye malo eno
8. Pe iwoti safari moko ci ke lanyut me two giru otye kudi.

Lwak de gitye kapoyogi me mio repoti ikum lanyuth moko kende kende ot yat ma kago kudi nyo goi simo ma gijolo manono I namba ma egi: **0800-203-033 and **0800-100-066**
Mr. Atek Kagirita **0782909153**, Dr. Allan Muruta- **0772460297**.**