



Ministry of Health and Social Services  
Republic of Namibia

NAMIBIA COVID-19 SITUATION REPORT NO. 63			
Outbreak Name	COVID-19	Country affected	Namibia
Date & Time of report	20.05.2020 23:00	Investigation start date	13 March 2020
Prepared by	Surveillance Team		

**Date of outbreak declaration in Namibia: 14 March 2020.**

**1. SITUATION UPDATE / HIGHLIGHTS**

- Two new confirmed cases were reported today (20 May 2020).
- Cumulatively, 18 confirmed cases have been reported in the country, to date.
- Of the 18 confirmed cases, fourteen (14) have recovered
- Supervised quarantine for all people arriving from abroad, for 14 days is ongoing.
- Stage 1 of the state of emergency ended on 4 May 2020, and stage 2 is ongoing from 5 May until 2 June 2020;
  - Wearing a mask in public is mandatory
  - All borders will remain closed except for essential/critical services and humanitarian support to the response.
  - All other prevention measures are applicable to the entire country

**2. BACKGROUND**

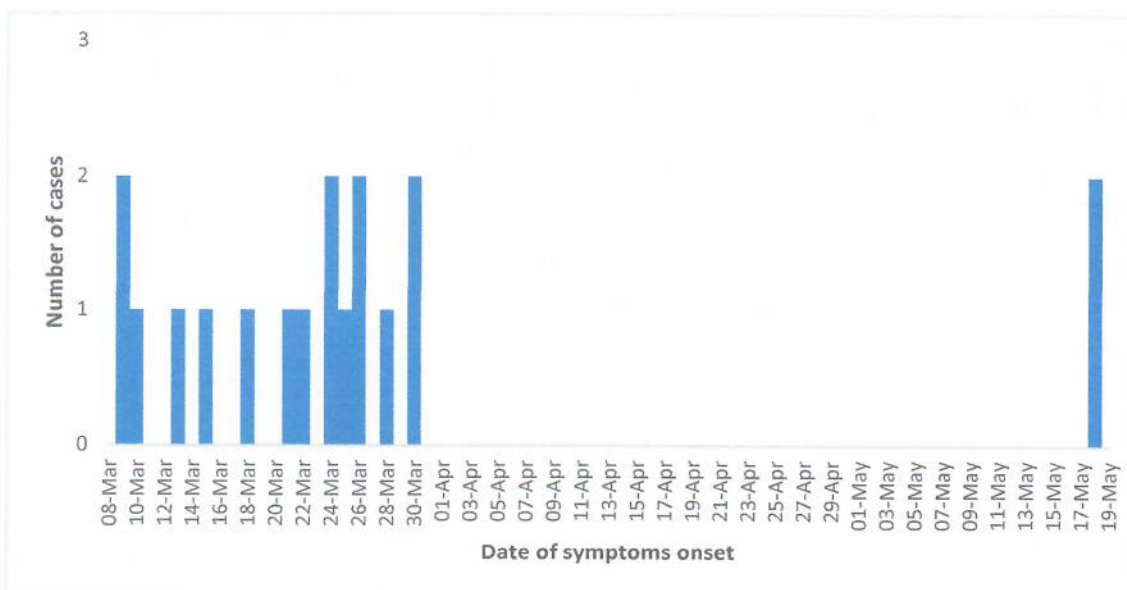
**Description of the cases**

- **Index cases:** Two confirmed cases of COVID-19 were reported in Windhoek district on 13 March 2020. The married couple; a 35-year-old male and a 25-year-old female, arrived from Madrid, Spain on 11 March 2020.
- The two cases who were confirmed on the 20<sup>th</sup> of May 2020, both arrived in the country from South Africa via Noordoewer border post in different private vehicles.
  - They are both females aged 28 and 66 years old.

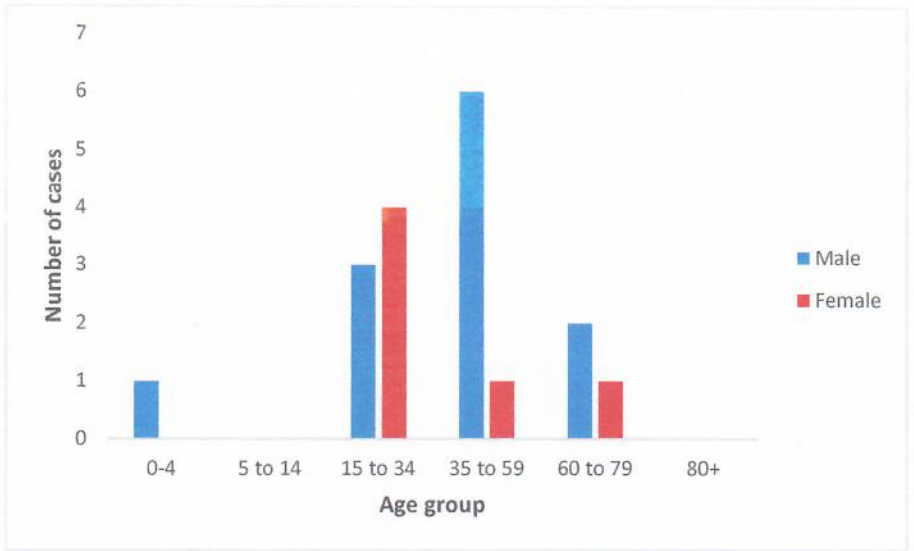
- They were taken into mandatory quarantines in Karasberg District and their samples were collected on 18 May 2020 as they were due for release on 21 May 2020.
- Total number of imported cases currently stands at 15 while 3 cases are local transmissions.
- There is no evidence of community transmission in the country at the moment.

**Table 1: Confirmed cases by region as of 20 May 2020**

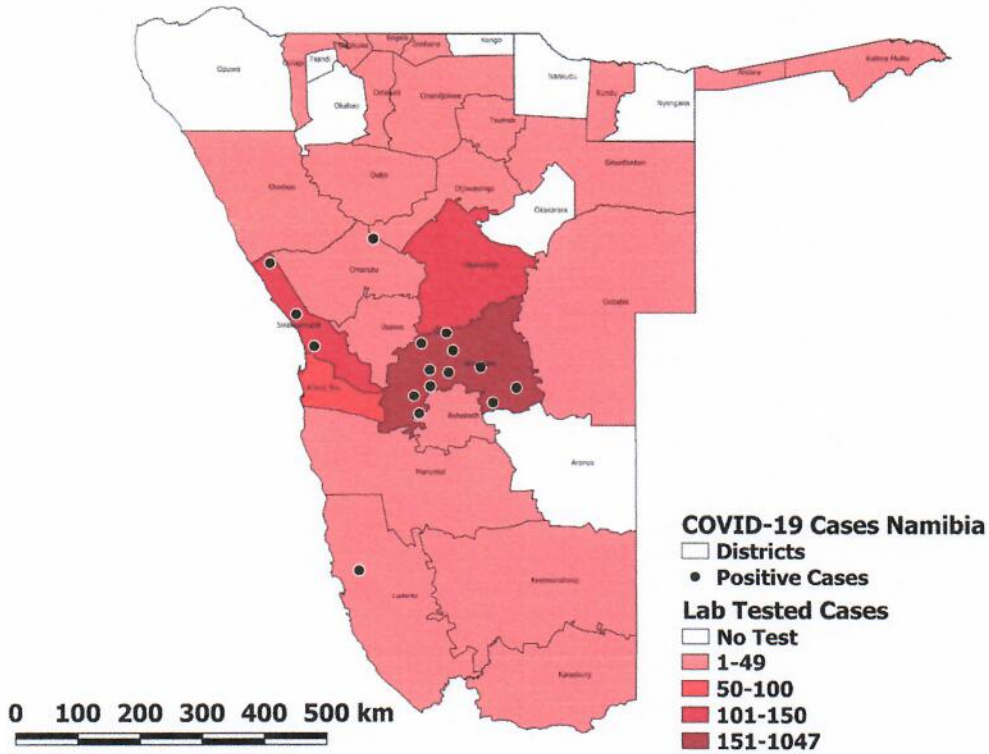
Reporting region	Total Cases	New cases	Active cases	Recovered	Death
Khomas	11	0	1	10	0
//Karas	3	2	2	1	0
Erongo	4	0	1	3	0
<b>Total</b>	<b>18</b>	<b>2</b>	<b>4</b>	<b>14</b>	<b>0</b>



**Figure 1: Epi-curve for COVID-19 confirmed cases in Namibia as of 20 May 2020**



**Figure 2: Age and sex distribution for COVID-19 confirmed cases in Namibia as of 20 May 2020**



**Figure 3: Suspected and confirmed COVID-19 cases in Namibia per District, 20 May 2020**



### 3. PUBLIC HEALTH ACTION / RESPONSE INTERVENTIONS EPIDEMIOLOGY & SURVEILLANCE

- **Case definitions as of 20 March 2020:**

**Suspect case:**

A. A patient with acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath), AND a history of travel to or residence in a location reporting community transmission of COVID-19 disease during the 14 days prior to symptom onset;

OR

B. A patient with any acute respiratory illness AND having been in contact with a confirmed or probable COVID-19 case in the last 14 days prior to symptom onset;

OR

C. A patient with severe acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath; AND requiring hospitalization) AND in the absence of an alternative diagnosis that fully explains the clinical presentation.

**Probable case:** A suspect case for whom testing for COVID-19 is inconclusive. Inconclusive being the result of the test reported by the laboratory

**Confirmed case:** A person with laboratory confirmation of COVID-19 infection, irrespective of clinical signs and symptoms

**Active surveillance working case definition as of 20 April 2020**

A patient diagnosed with Upper/Lower Respiratory Infection (Mild or Severe) presenting any of the following signs and symptoms: cough, sore throat, fever, chills, myalgia/body pains or shortness of breath in the past 7 days.

- **Surveillance activities**

- Daily pillar and intra-pillar discussions are held to deliberate on daily progress, gaps and way forward;
- Call centre continue operations for 24 hours every day.
- Data entry is ongoing and real-time data dashboard has been completed and planned to be launched on 22 May 2020.
- Continuous support for the COVID-19 integrated online training in partnership with WHO.

- Active case search in all regions for searching for possible community transmission is ongoing.
- Weekly ZOOM sessions with regional teams is on going, last meeting held 17 May 2020
- Contact tracing and monitoring is ongoing (see table 2).
- People under mandatory quarantine are being monitored daily (see table 3) and will be tested on day 12 before release on day 15 if they test negative.

### Contact tracing Summary

**Table 2: National contacts tracing summary for COVID-19 as of 20 May 2020**

<b>Variables</b>	<b>High</b>	<b>Medium</b>	<b>Low</b>	<b>Total</b>
Total Number of contacts listed (potential)	70	52	137	259
Total number of Contacts never reached	0	0	16	16
Total Number of contacts identified	70	52	121	243
Total Number of contacts that developed signs & symptoms	25	8	7	40
*Total Number contacts without signs & symptoms TESTED	20	5	27	52
© Total Number of contacts lost to follow up	0	2	5	7
Total Number of contacts tested positive (became cases)	3	1	0	4
Number of active contacts monitored/followed in the last 24hrs	2	0	0	2
Total number of Contacts completed 14-days follow up	65	49	116	230

*\*Number of contacts without signs & symptoms tested. One tested positive.*

*© Seven contacts are lost to follow up, all are non-Namibians and have travelled back to their countries of origin.*



**Table 3: Number of people in mandatory quarantine facilities as of 20 May 2020**

Region	Newly quarantined 24hrs	Cumulative number of people	Number of people discharged	Number of people in quarantine now
Kunene	0	42	26	16
Omaheke	0	56	27	29
Kavango	0	13	4	9
Omusati	0	74	52	22
Oshana	0	9	6	3
Ohangwena	0	131	73	58
Hardap	0	102	72	30
Otjozondjupa	0	215	168	47
Khomas	0	308	226	82
Zambezi	22	247	134	113
//Karas	0	190	99	91
Erongo	5	52	39	13
<b>Total</b>	<b>27</b>	<b>1439</b>	<b>926</b>	<b>513</b>

#### LABORATORY INVESTIGATIONS

- As of 20 May 2020, a total of 2540 COVID-19 specimens were tested in the two laboratories (NIP and Path Care) as per table 4. below:

**Table 4: COVID-19 specimens recorded at NIP and Path care Laboratories as of 20 May 2020**

Variables	Laboratory			Total
	NIP	Path care	South Africa	
Total sample received by the Laboratory	2041	706	-	2747
<b>Total sample tested</b>	<b>1864</b>	<b>676</b>	-	<b>2540</b>
Total sample re-tested	119	22	-	141
Total results positive	11	6	*1	18
Total results negative	1853	670	-	2523
Total sample discarded	58	8	-	66
Total results pending	0	0	-	0
Total results inconclusive/indeterminate	0	0	-	0
Total new suspected cases in last 24 hours	81	13	-	94

\*1 Patient specimen collected and tested in South Africa, he travelled back before results came out

#### COORDINATION AND LEADERSHIP:

- Feedback meetings of pillar leads and Incident manager (IM) are ongoing (3 times a week), to share accomplishments and to address key challenges.

- Integrated online trainings started on 6 May 2020 and are ongoing until 26 May 2020.
- Submitted final inputs on SOPs and indicators to pillars for finalisation and submission to management for endorsement.

#### **CASE MANAGEMENT :**

- Out of the 18 cumulative confirmed cases, 14 have recovered after testing negative twice for COVID-19 at 48 hours' interval.
- The remaining 4 active cases are all asymptomatic.

#### **INFECTION PREVENTION AND CONTROL:**

- IPC activities are on going to address the specific activities in the terms of reference
- Completed IPC Facility Readiness Checklist from regions and continue engaging the Case Management team.
- Distribution of PPE according to the plan for the regions is ongoing.

#### **LOGISTICS.**

- Facilitation of the allocation of quarantine facilities in the country and transportation for discharged people from quarantine facilities is ongoing.
- Provision of commodities' specifications and verification for procurement is being done regularly.

#### **POINTS OF ENTRY:**

- Screening and inspection of incoming travellers and trucks at points of entry and check points is ongoing
- Points of Entry pillar is currently setting up the regions for receiving daily reports on the activities at all Points of Entry.
- Conducted two online integrated training session on SOPs at POE in the country

#### **RISK COMMUNICATION AND COMMUNITY ENGAGEMENT:**

- The COVID-19 Communication Centre continues to give updates on COVID-19 and clarify miscommunications on a daily basis.

- The media continue to communicate messages on COVID-19 and the lifting of the lockdown to stage 2.
- The RCCE continues to share messages on COVID-19 prevention measures through mass media.
- The National Youth Council has mobilised resources to enable youth volunteers host educational sessions at household level in all 121 constituencies.
- The Community Engagement toolkit has been printed and being distributed to all community health workers countrywide.

**PSYCHOSOCIAL SUPPORT SERVICES:**

- Continuous provision of health education, psychosocial support services, as well as food to people in need of shelter.

**4. CHALLENGES:**

- Inadequate isolation units at health facilities in the regions.
- Unavailability of probes and primers for NIP laboratory to start testing for Seasonal Influenza (H1N1).
- Insufficient PPE and swabs to conduct active case search in some districts.

**5. RECOMMENDATIONS AND WAY FORWARD:**

- Establish fully equipped isolation units at health facilities in the regions.
- NIP to fast track procurement process for laboratory testing kits ( probes and primers) for Seasonal Influenza (H1N1) testing.
- Logistics pillar to continue with the procurement and distribution of sufficient PPE to the regions to ensure that response is not interrupted.
- NIP to continue sourcing for swabs to provide adequate swabs needed for all districts.

**Approved:**

PP 

Incident Manager  
Date: 20 May 2020



Secretariat