



Ministry of Health and Social Services
Republic of Namibia

NAMIBIA COVID-19 SITUATION REPORT NO. 96			
Outbreak Name	<i>COVID-19 outbreak</i>	Country affected	<i>Namibia</i>
Date & Time of this report	<i>22.06.2020 20:15 hrs</i>	Investigation start date	<i>13 March 2020</i>
Prepared by	<i>Surveillance Team</i>		

1. SITUATION UPDATE / HIGHLIGHTS

- Nine (9) new confirmed cases were recorded today (22 June 2020).
- Cumulatively, 72 confirmed cases have been reported in the country.
- Of the 72 confirmed cases, twenty-one 21 (29.2%) have recovered.
- Thirty-five 35 (51.4%) of the confirmed cases are imported while 37 (48.6%) are local transmissions.
- No death has been recorded, case fatality rate is 0%
- On 22 June 2020, His Excellency, The President of the Republic of Namibia announced that all regions will migration to stage 4 of the state of emergency with the exception of Erongo Region.
 - a) Stage 3 restrictions will be imposed on three (3) Local Authority Areas of Erongo Region i.e; Walvis Bay, Swakopmund, and Arandis.
 - Effective from midnight 22 June 2020 until midnight 06 July 2020.
 - b) The other regions including other Local Authority Areas of Erongo region will migrate to stage 4 of the state of emmergency which covers a period of 10 weeks (30 June 2020 – 17 September 2020).
 - Everybody coming into the country including tourists must provide a negative results valid for 72 hours and will be subjected to a mandatory supervised quarantine at their own cost.

2. BACKGROUND

Description of the cases

- **Index cases:** Two confirmed cases of COVID-19 were reported in Windhoek district on 13 March 2020. The married couple; a 35-years-old male and a 25-years-old female, arrived from Madrid, Spain on 11 March 2020.
- On 22 June 2020, Namibia recorded nine (9) new cases bringing the total number of confirmed cases to 72. Eight (8) of the nine (9) cases are Namibians while one (1) is a South African citizen:
 - Case 64 is a 71-years old male South African truck driver who arrived in Namibia on 17 June 2020 through Noordoewer border post. He presented at Engela Hospital with complains of dizziness, cough, sore throat and diarrhoea.
 - Case 65 is a 65-years old male, from Walvis Bay, Erongo region a contact of case 35. No signs and symptoms.
 - Case 66 is a 50-years old female, from Walvis Bay, Erongo region a contact of case 35. No signs and symptoms.
 - Case 67 is a 51-years old female, from Walvis Bay, Erongo region. She was swabbed as part of active case search. No signs and symptoms, no known contact.
 - Case 68 is a 41-years old female, from Walvis Bay, Erongo region. She was swabbed as part of active case search. She had complains of general body pain, no known contact.
 - Case 69 a 45-years old female, from Walvis Bay, Erongo region. She was swabbed as part of active case search. She had complains of general body pain, and running nose, no known contact.
 - Case 70 a 59-years old female, from Walvis Bay, Erongo region. She was swabbed as part of active case search. She had complains of cough and flu, no known contact.
 - Case 71 a 42-years old female, from Walvis Bay, Erongo region. She was swabbed as part of active case search. She had complains of sore throat, vomiting, cough, and shortness of breath, no known contact.

- Case 72 a 51-years old male, from Walvis Bay, Erongo region. He was swabbed as part of active case search. No signs and symptoms, no known contact.

3. EPIDEMIOLOGY

Since 14 March 2020, when the COVID-19 outbreak was declared in Namibia, a total of 72 cases have been confirmed. Seven (7) regions have so far been affected, of which Erongo region recorded the highest number of cases; 41 (57%) while Zambezi and Ohangwena recorded the least 1(1.4%) as per figure 1 below.

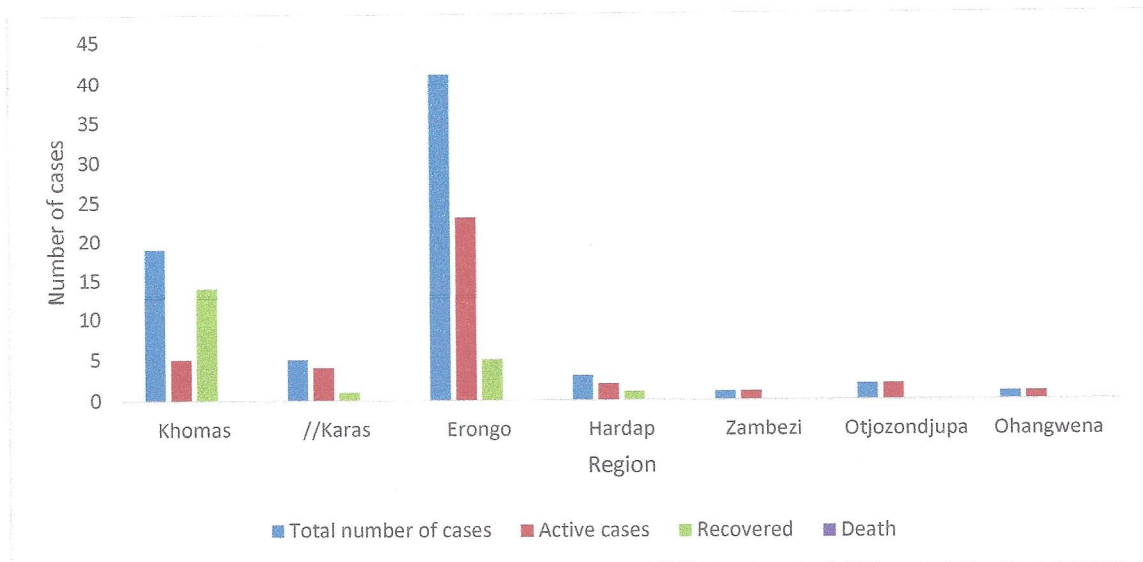


Figure 1: Distribution of Confirmed COVID-19 cases in Namibia, by region as of 22 June 2020

Namibia recorded its cases of COVID-19 during the epidemiological weeks displayed in figure 2 below. Most 26 (36.1%) of the cases were recorded in week 25.

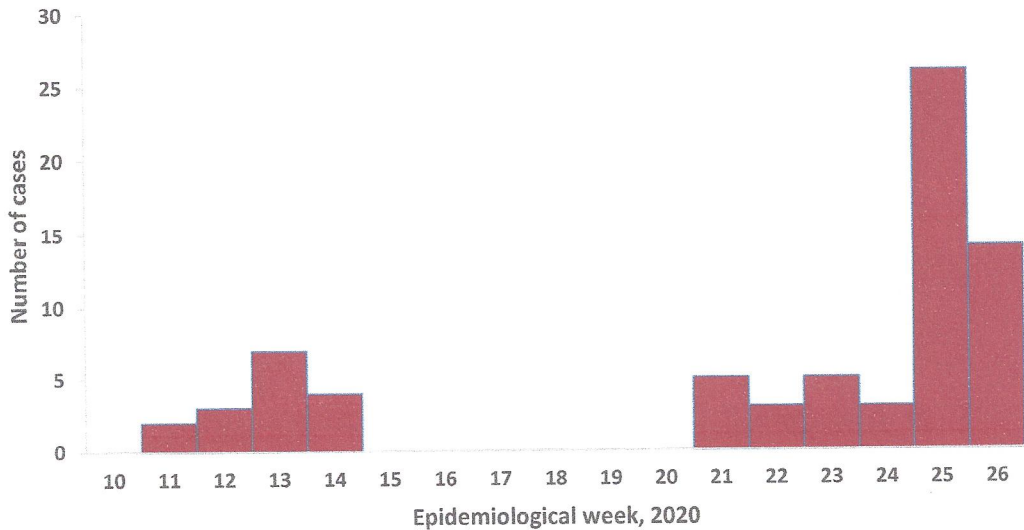


Figure 2: Epi-curve for confirmed COVID-19 cases in Namibia as of 22 June 2020

As presented in figure 3 below, more male cases were recorded; **37 (51.4%)** compared to female cases; **35 (48.6%)**.

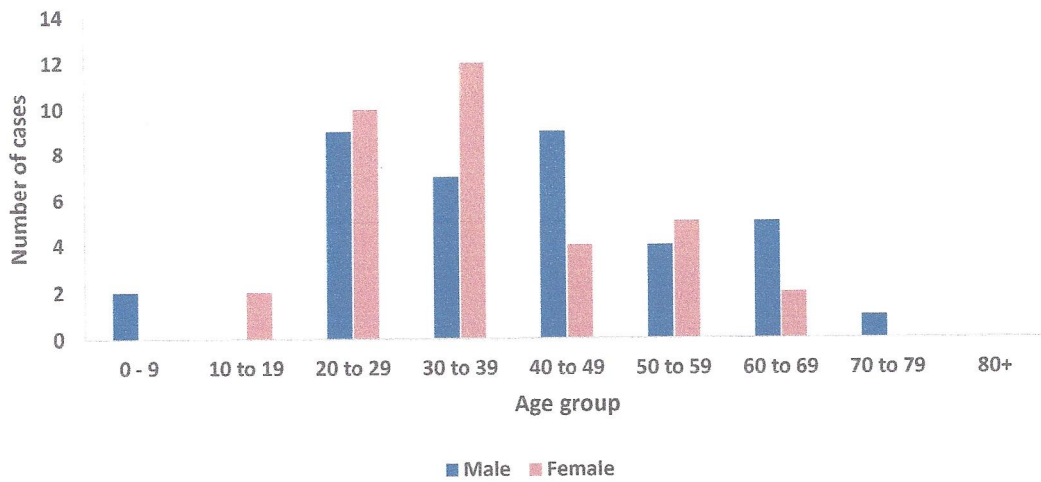


Figure 3: Age and sex distribution of COVID-19 confirmed cases in Namibia as of 22 June 2020

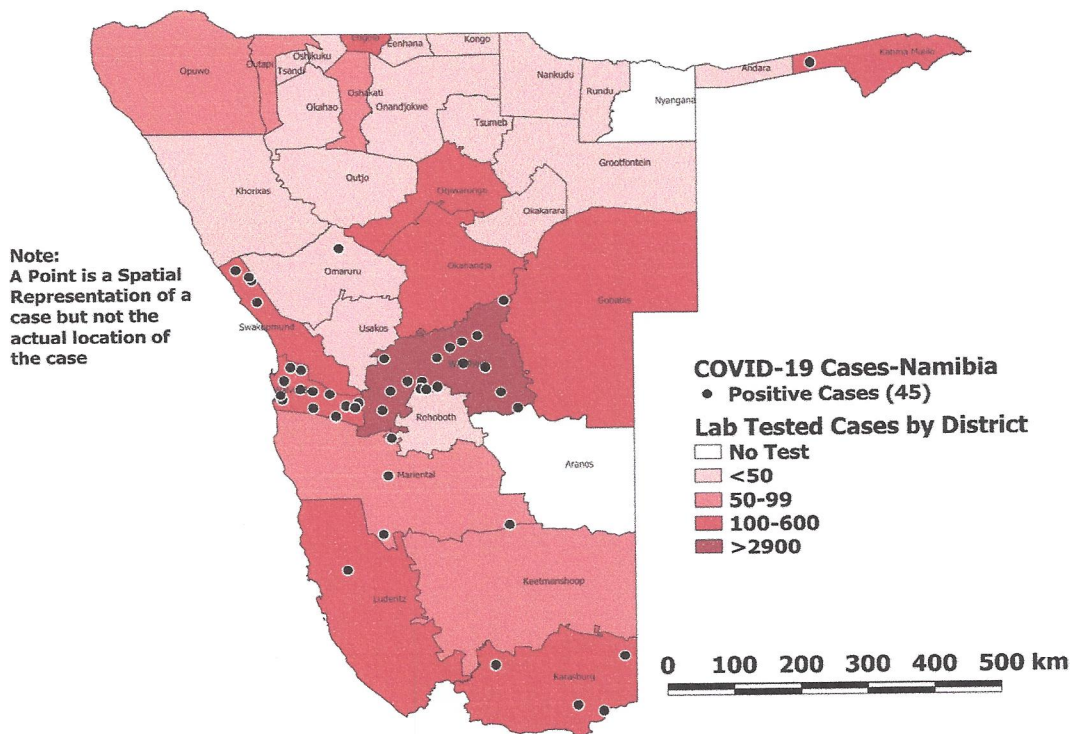


Figure 4: Distribution of suspected and confirmed COVID-19 cases in Namibia by District, 22 June 2020

4. PUBLIC HEALTH ACTION / RESPONSE INTERVENTIONS AND SURVEILLANCE

- **Case definitions as of 20 March 2020:**

Suspected case:

A. A patient with acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath), AND a history of travel to or residence in a location reporting community transmission of COVID-19 disease during the 14 days prior to symptom onset; OR

B. A patient with any acute respiratory illness AND having been in contact with a confirmed or probable COVID-19 case in the last 14 days prior to symptom onset; OR

C. A patient with severe acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath; AND requiring hospitalization) AND in the absence of an alternative diagnosis that fully explains the clinical presentation.

Probable case: A suspect case for whom testing for COVID-19 is inconclusive. Inconclusive being the result of the test reported by the laboratory

Confirmed case: A person with laboratory confirmation of COVID-19 infection, irrespective of clinical signs and symptoms

- **Active surveillance working case definition as of 20 April 2020**

A patient diagnosed with Upper/Lower Respiratory Infection (Mild or Severe) presenting any of the following signs and symptoms: cough, sore throat, fever, chills, myalgia/body pains or shortness of breath in the past 7 days.

- **Surveillance activities**

- Call centre continue operations for 24 hours every day; **1213** calls were answered at the hotline today (22.06.2020).
- Namibia COVID-19 dashboard accessible via a link on the MoHSS's website <http://www.mhss.gov.na/> or at <https://cutt.ly/Covid-19-situation-Namibia>
- Active case search in all regions is ongoing.
- Contact tracing and monitoring is ongoing (see **Table 1**).
- Mandatory supervised quarantine of all persons arriving from abroad is ongoing (see **Table 2**).
 - All people are tested upon entry into mandatory quarantine for rapid detection of positive cases.
 - All people in quarantine are monitored daily for 14 days and are being tested twice (upon arrival and on day 12 before release on day 15 if they test negative).
- Regions have intensified surveillance on travellers from Erongo region for early case detection.

CONTACT TRACING SUMMARY

The National and Regional teams are supporting the Walvis Bay district team in reviewing recent cases and contacts to identify possible COVID-19 transmission hot spots for enhanced response:

- Kuisebmond area and prison identified as hot spots.
- Plans ongoing to test more people through Expanded Targeted Testing.
- Isolation of all positive cases is ongoing.

Table 1: National contacts tracing summary for COVID-19 as of 21 June 2020

Variables	High	Medium	Low	Total
Total Number of contacts listed for follow up (potential)	329	168	444	941
Total Number of contacts identified (cumulative)	329	168	417	914
Total number of Contacts never reached	0	0	27	27
Total Number of contacts lost to follow up	0	2	5	7
Total Number of contacts that developed signs & symptoms	38	5	12	55
Total Number of contacts that tested positive (became cases)	10	1	0	11
Number of active contacts monitored/followed in the last 24hrs	78	47	98	223
Total number of Contacts completed 14-days follow up	189	104	285	578

(Table for 22 June 2020 not yet available)

As of 21 June 2020, a total of **914** contacts of confirmed cases have been identified. A total of **578** contacts have completed their 14 days of follow up, and **223** active contacts were monitored today (**Table 1**).

Table 2: Number of people in mandatory quarantine facilities as of 22 June 2020

Region	Newly quarantined 24 hours	Cumulative number of people	Number people discharged	Number of people in quarantine now
Kunene	0	56	53	3
Omaheke	5	109	73	36
Kavango	0	82	59	23
Omusati	1	110	94	16
Oshana	0	42	20	22
Ohangwena	2	230	195	35
Hardap	2	201	163	38
Otjozondjupa	0	370	330	40
Khomas	67	1100	821	279
Zambezi	2	402	339	63
//Kharas	3	442	345	97
Erongo	0	201	137	64
Oshikoto	0	48	44	4
Total	82	3393	2673	720

As of 22 June 2020, a total of **3393** persons who came into the country have been placed into supervised quarantine facilities around the country. Of the total, **2673** have been discharged and **720** are currently quarantined (**Table 2**).

LABORATORY INVESTIGATIONS

- As of 22 June 2020, a total of **7585** (including **706 re-tested**) COVID-19 specimens have been tested in the two laboratories (NIP and Path Care) as per **Table 3** below:

Table 3: COVID-19 specimens recorded at NIP and Path care Laboratories as of 22 June 2020

Variables	Laboratory			Total
	NIP	Path care	South Africa	
Total sample received by the Laboratory	6381	1318	-	7699
Total sample tested	5603	1276	-	6879
Total sample re-tested	674	32	-	706
Total positive results	63	8	1	72
Total negative results	5540	1268	-	6808
Total sample discarded	68	8	-	76
Invalid results	7	0	-	7
Total pending results	29	2	-	31
Total new suspected cases in last 24 hours	352	22	-	374

COUNTRY COORDINATION, PLANNING AND MONITORING

- Plans are under way for integrated support visits to other regions (Zambezi, Kavango, Ohangwena, Omusati, Kunene, and Oshana region).
- Preparatory work for the Health Development Partners virtual meeting on 24 June 2020 are ongoing. A template has been shared with pillar leads for inputs.

CASE MANAGEMENT:

- Out of the 72 cumulative confirmed cases, 21 have recovered after testing negative twice for COVID-19 at 48 hours' interval.
- Of the 46 active cases, 1 is still in ICU and is clinically stable. His clinical condition continues to improve.
- Implementation of the 4th version of Case Management SOPs.
- Establishment of support capacity strengthening measures.

INFECTION PREVENTION AND CONTROL:

- IPC activities are ongoing:
 - Distribution of PPE according to the Regional plans.
 - Monitoring of IPC in health facilities

LOGISTICS.

- Facilitation of the allocation of quarantine facilities around the country and transportation of discharged people from quarantine facilities is ongoing.
- Sourcing, procuring, receiving and distributing commodities.
- Updating commitment and stock registers daily.
- Distributed medical commodities (suction machines and ventilators) to Erongo region.

POINTS OF ENTRY:

- Screening of incoming travellers and inspection of trucks at points of entry and check points are ongoing.
- Daily reporting on ground crossing transports at all designated Points of Entry is ongoing (**Table 4**)

Table 4. Distribution of truck drivers who came into Namibia from neighboring countries and destination regions on 22 June 2020

Destination	Country of departure						Total
	RSA	Zambia	Botswana	DRC	Angola	Zimbabwe	
//Kharas	41	0	0	0	0	0	41
Khomas	35	2	12	0	0	1	50
Omusati	0	0	0	0	0	0	0
Oshana	5	0	1	0	1	0	7
Otjozondjupa	5	0	4	0	1	0	10
Kavango	1	0	0	0	0	0	1
Ohangwena	2	0	0	0	4	0	6
Hardap	2	0	0	0	0	0	2
Kunene	0	0	0	0	0	0	0
Omaheke	2	0	0	0	0	0	2
Oshikoto	1	0	0	0	3	0	4
Zambezi	0	0	1	0	0	0	1
Erongo	6	31	5	6	2	0	50
Total	100	33	23	6	11	1	174

- Majority of the truck drivers **100 (57.5%)** departed from South Africa to various regions. The largest number of truck drivers were heading to Khomas **50 (28.7%)** and Erongo region **50 (28.7%)**.

RISK COMMUNICATION AND COMMUNITY ENGAGEMENT:

- The Communication Center continues to engage stakeholders on issues around the COVID-19 response.
- Distribution of IEC materials is ongoing.
- Implementation of training sessions for Erongo Region (Swakopmund District to commence on 23 June 2020).

PSYCHOSOCIAL SUPPORT SERVICES:

- Continous provision of health education and psychosocial support services to persons in need i.e;
 - Confirmed cases and their families
 - People in quarantine
 - Persons in need of shelter
 - Health Care Workers

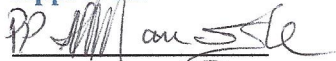
5. CHALLENGES:

- Inadequate isolation units at health facilities in the regions.
- Inadequate PPE
- Inadequate nasopharyngeal swabs and appropriate transport media.

6. RECOMMENDATIONS AND WAY FORWARD:

- Establish fully equipped isolation units at health facilities in the regions.
- Logistics pillar to continue with the procurement and distribution of sufficient PPE to the regions to ensure that response is not interrupted.
- NIP to continue sourcing for swabs and appropriate transport media.

Approved:



Incident Manager



Secretariat

Date: 22 June 2020

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