



Ministry of Health and Social Services
Republic of Namibia

NAMIBIA COVID-19 SITUATION REPORT NO. 145			
Outbreak Name	COVID-19 outbreak	Country affected	Namibia
Date & Time of this report	10.08.2020 20:00 hrs	Investigation start Date	13 March 2020
Prepared by	Surveillance Team		

HIGHLIGHTS/SITUATION UPDATE (10/08/2020)

- The country is in Stage 4 of the State of Emergency (4 August 2020 -17 September 2020)
- Walvis Bay, Swakopmund, and Arandis Local Authority Areas in Erongo region's Stage 3 is extended (from 04 August 2020 until 23h59 of 31 August 2020).

Total	Today
Tested 33635	Tested 1112
Confirmed 3229	Confirmed 128
Active 2498	Active 2498
Recovered 712	Recovered 0
Death 19	Death 0

Table 1: Distribution of confirmed COVID-19 cases by region, 10 August 2020

Region	Total No. of cases	Active cases	Recovered	Death	Health Care Workers
Erongo	2595	2004	577	14	29
Hardap	11	4	7	0	1
//Kharas	40	34	6	0	1
Kavango East	3	3	0	0	0
Kavango West	2	2	0	0	0
Khomas	484	381	98	5	30
Kunene	1	1	0	0	0
Ohangwena	13	5	8	0	0
Omaheke	3	3	0	0	0
Omusati	5	3	2	0	0
Oshana	31	23	8	0	3
Oshikoto	7	7	0	0	1
Otjozondjupa	27	23	4	0	0
Zambezi	7	5	2	0	2
Total	3229	2498	712	19	67

- All fourteen (14) regions have reported confirmed cases; with Erongo reporting the highest **2595 (79.0%)** followed by Khomas **484 (15.0%)**.
- Latest region to report a case is Omaheke

- To-date, **67** Health Care Workers have tested positive for COVID-19.
- Cumulatively, **3148 (97.5%)** cases are local transmissions while **81 (2.5%)** are imported.
- There is evidence of a clustered community transmission in Erongo region (Table 1)
- Up to **1876** confirmed cases in Erongo region are still to be placed in designated isolation facilities; are currently being monitored.
- More male cases **1918 (59.4%)** were recorded compared to female cases **1311 (40.6%)**.

EPIDEMIOLOGICAL SITUATION IN NAMIBIA

- To date, **33635** tests have been conducted by NIP, Path-Care, NAMDEB, and UNAM laboratories (including **3084** re-tests).
- Since the beginning of the outbreak, **6617** contacts of confirmed cases have been identified, **120** new contacts were identified within the last 24 hours from 13 regions.
- Cumulatively, **2501** contacts have completed their monitoring period, while **1399** out of **3931** active contacts were monitored today.

*Table 2: COVID-19 specimen recorded from the Laboratories
10 August 2020*

VARIABLES	TOTAL
Total sample received by the Laboratory	33762
Total sample tested	30551
Total sample re-tested	3084
Total positive results	3229
Total negative results	27322
Total sample discarded	76
Invalid results	1
Total pending results	41
Indeterminant/Inconclusive	9
Suspected cases in 24 hours	1098

- The most affected ages are within 20 and 49 years **2466 (76.4%)**.
- Those aged 60 and above constitute **94 (3.0%)** of those affected.

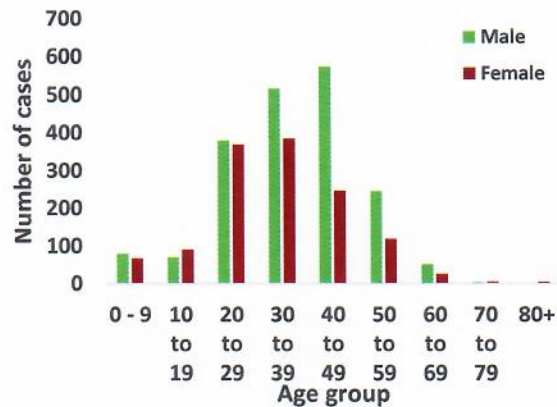


Figure 1: Age and sex distribution of COVID-19 confirmed cases. 10 August 2020

Note:
Dots are spatial representation of cases but not the actual location of the cases

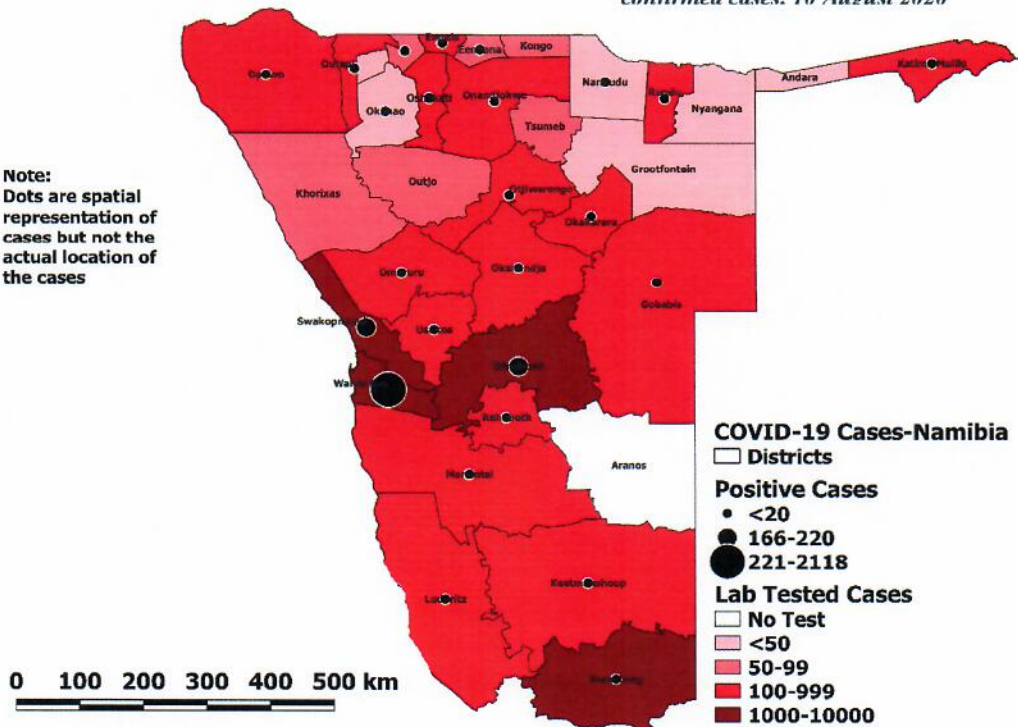


Figure 2: Distribution of suspected and confirmed COVID-19 cases in Namibia by District, 10 August 2020

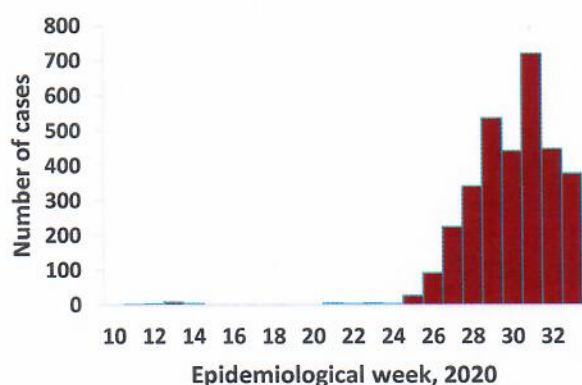


Figure 3: Epi-curve for confirmed COVID-19 cases 10 August 2020

Namibia has recorded **3229** COVID-19 cases since 13 March 2020. Up to **719 (22.3%)** of the total cases were recorded during week 31 (Figure 3).

- A high number of cases were recorded in the past four weeks as a result of:
 - Spread of local transmission in Walvis Bay district and Windhoek.
 - Enhanced Active Case Search and targeted testing daily from different districts
- Call center continues operation for 24 hours daily. Today, **1042** calls were answered including **8** alerts.

Table 3: Number of people in mandatory quarantine facilities, 10 August 2020

- Since March 2020, **7343** people have been placed into supervised quarantine facilities around the country.
- A total of **1605** people are currently in quarantine with **177** new admissions in the past 24 hours.

Region	Newly quarantined 24 hours	Cumulative number	Number discharged	Number in quarantine now
<i>Erongo</i>	0	1624	822	802
<i>Hardap</i>	4	340	311	29
<i>Kavango</i>	0	172	158	14
<i>Khomas</i>	0	1782	1413	369
<i>//Kharas</i>	14	918	844	74
<i>Kunene</i>	0	186	169	17
<i>Ohangwena</i>	0	338	318	20
<i>Omaheke</i>	158	374	299	75
<i>Omusati</i>	1	196	143	53
<i>Oshana</i>	0	172	140	32
<i>Oshikoto</i>	0	164	117	47
<i>Otjozondjupa</i>	0	538	532	6
<i>Zambezi</i>	0	539	472	67
Total	177	7343	5738	1605

Table 4: Distribution of truck drivers coming into Namibia from neighbouring countries and destination regions on 10 August 2020

Destination	Country of departure						Total
	RSA	Zimbabwe	Botswana	Angola	DRC	Zambia	
<i>//Kharas</i>	66	0	0	0	0	0	66
<i>Khomas</i>	64	0	6	1	0	2	73
<i>Omusati</i>	1	0	0	0	0	0	1
<i>Oshana</i>	2	0	0	0	0	0	2
<i>Otjozondjupa</i>	10	0	9	0	0	1	20
<i>Kavango</i>	4	0	1	0	0	0	5
<i>Ohangwena</i>	5	0	0	1	0	0	6
<i>Hardap</i>	1	0	0	0	0	0	1
<i>Kunene</i>	0	0	0	1	0	0	1
<i>Omaheke</i>	1	0	0	0	0	1	2
<i>Oshikoto</i>	1	0	0	0	0	0	1
<i>Zambezi</i>	1	0	1	0	0	0	2
<i>Erongo</i>	13	0	1	0	0	30	44
Total	169	0	18	3	0	34	224

- A total of **224** trucks entered the country through various ground crossing points in the last 24 hours.
- Of these trucks, **32.6%** were heading to Khomas, **29.5%** to //Kharas while **19.6%** were heading to Erongo region.

PUBLIC HEALTH ACTION

- Guidelines on COVID-19 exposure in public and work environment issued to the general public.
- Commencement of testing by UNAM (School of Medicine), and Oshakati NIP laboratories to enhance testing capacity.
- National level continues to support the regions
- Regions have enhanced social mobilization on COVID-19
- Regions have intensified surveillance on travellers from high risk areas for early case

CHALLENGES

- Inadequate Human resources in the regions
- Inadequate ICU facilities and ICU equipment at referral hospitals and high care units in the districts.
- Inadequate ambulances and isolation units, at health facilities in the regions.
- Inadequate PPE
- Inadequate nasopharyngeal swabs and appropriate transport media.
- Backlog at NIP for specimens to be tested, overwhelming the laboratory and delayed turn-around time.

RECOMMENDATIONS

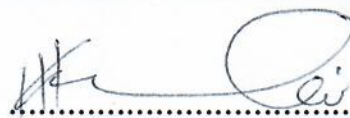
- The Ministry to fast track the appointment of critical manpower to positions for the response in the regions
- Provision of fully equipped ICU facilities at referral hospitals and high care units in the districts.
- Establish fully equipped isolation units at health facilities in the regions.
- Logistics pillar to continue with the procurement and distribution of sufficient PPE to the regions to ensure that response is not interrupted.
- NIP to continue sourcing for swabs and appropriate transport media.
- Strengthen close monitoring and coordination of the flow of the specimen from all districts.

Approved



Incident Manager


Date: 10 August 2020




Secretariat

For enquiries, please contact
Namibia Public Health Emergency Operations Centre;

 PHEOC@mhss.gov.na

 0800 100 100

 0851 100 100