



REGIONAL COMMITTEE FOR AFRICA

ORIGINAL: FRENCH

Fifty-eighth session

Yaounde, Republic of Cameroon, 1–5 September 2008

INFORMATION BULLETIN

GEOGRAPHIC LOCATION AND CLIMATE

Cameroon is located in Central Africa. Its political capital is Yaounde and the economic capital is Douala.

To the south, Cameroon has a hot and humid tropical climate with four seasons:

- A long dry season: November–March;
- A short rainy season: April–May;
- A short dry season: June–July;
- A long rainy season: August–October;

To the north, Cameroon has a hot and dry Sudano-Sahelian climate with two seasons:

- A rainy season: April–October
- A dry season: November–March.

The average room temperature in Yaounde is around 27 °C.

LANGUAGES

Cameroon is a bilingual country with English and French as the official working languages.

CURRENCY

The currency used in Cameroon is the Central African CFA Franc. The exchange rate was US\$ 1 to CFA Franc 415 as at May 2008.

PASSPORT AND VISA REQUIREMENTS

A valid passport is required of nationals of countries of Central Africa travelling to Cameroon. For nationals of all other countries, an entry visa to Cameroon is mandatory. A visa can be obtained from Cameroon's diplomatic or consular office in your country of origin or residence.

Should you be unable to obtain a visa in your country of origin or residence, make provision for CFAF 50 000 for collection of a visa at the airport on arrival. Arrangements are being made with the airport immigration services for this purpose.

VACCINATION AND HEALTH REQUIREMENTS

Participants are required to have a valid international certificate of vaccination against Yellow Fever.

The risk of contracting malaria mainly from chloroquine-resistant *Plasmodium falciparum* exists throughout the year. Malaria prophylaxis is therefore advised before departure and two weeks after return.

A team of physicians and ambulances is on stand by to provide medical coverage both at the Conference Centre and at the hotel.

POLICE AND CUSTOMS FORMALITIES

Travellers arriving in Cameroon are requested to complete police, customs and health formalities including presenting a passport with a valid visa, completing the immigration form given to travellers, returning it to the immigration officers, and presenting a valid vaccination certificate.

CUSTOMS REGULATIONS

Delegates entering Cameroon with cameras or portable computers (laptops, palmtops) must declare them, specifying that they are working tools.

BAGGAGE COLLECTION AND CARRIAGE

Baggage collection and carriage may be entrusted to baggage porters wearing green vests. Their charges generally vary between CFAF 1000 and CFAF 2000 per bag.

TRANSPORTATION BETWEEN AIRPORT AND CITY CENTRE

All participants will arrive in Cameroon through either the Yaounde-Nsimalen International Airport or the Douala International Airport.

The Yaounde-Nsimalen International Airport is located 20 km from Yaounde city centre and the Douala International Airport is about 4 km from downtown Doula. Travel is essentially by taxi or by hotel shuttle service. Travellers can hire a taxi or a bus from Nsimalen International Airport to Yaounde town and vice versa for a minimum fare of CFAF 5000 and from the Douala International Airport to Douala town and vice versa for CFAF 3000. All hotels operate a shuttle service. Hiring a taxi in town will cost between CFAF 1500 and 2000. Taxis are painted yellow and bear an identification number on the side. A list of taxis recommended by the UN Security Service can be obtained on arrival at the airport.

Participants arriving in Douala after 4 p.m. local time are advised to spend the night in Douala and continue the next day to Yaounde by road. It is therefore advisable to reserve a room prior to arrival in any one of the hotels on the list appended to this document. Arrangements will be made to meet participants at the airport and transport them to their hotel. Similar arrangements will be made for their departure to Yaounde. Buses in good condition ply between the two cities on a daily basis.

CLOTHING

Participants are advised to bring along warm clothing and an umbrella because it is rainy in September.

SECURITY MEASURES

Any person travelling to Yaounde or Douala on mission or for a meeting must obtain a security clearance by the designated UN Security Officer of the town from where he/she is travelling. Once in Cameroon, basic security precautions must be taken to avoid regrettable incidents.

A brief note on the current security conditions in Douala and Yaounde and in Cameroon in general will be appended to this information bulletin. Advice can also be obtained, if necessary, from the UN Security Officer on telephone numbers (237) 77 50 08 71 or (237) 99 31 59 58, or from the Administrative Officer, WHO country office, Cameroon, on (237) 96 01 17 16.

BANKING

Banking services and a foreign exchange bureau will be available at the Conference Centre, venue of the meeting.

ELECTRICITY

The electricity voltage is 220v.

DISHES

Cameroon has a range of dishes. Common traditional dishes include:

- *Ndolé* (quite bitter vegetable cooked in groundnut paste);
- Roasted chicken (chicken grilled on charcoal fire);
- Roasted fish (fish grilled on charcoal fire).

RESTAURANTS

- Pays Bantous, tel.: 22 21 71 15
- Le Coin Diplomatique, tel.: 22 20 50 40/22 21 55 71
- Chinatown, tel.: 22 2145 14
- Chez Wou, tel.: 22 20 46 79
- Il Pasticcio, tel.: 22 20 65 91

- L’Agora, tel.: 22 20 35 96
- L’Atlantlic, tel.: 22 21 43 44
- La Coupole, tel.: 22 23 41 25
- Forêt Dense, tel.: 22 20 53 08
- La Riviera, tel.: 22 20 92 77
- Terre Battue, tel.: 22 20 55 28
- Le Samovar, tel. : 22 21 55 28
- Parallèle Club, tel. : 22 20 60 00

HOTELS

A list of hotels reserved for participants in the fifty-eighth session of the WHO Regional Committee for Africa is attached to this information bulletin.

CONTACT NUMBERS OF UN APPROVED PHYSICIANS:

- Dr André Pierre, general practitioner; Tel. 22 20 23 20
- Dr Lucienne Kamany-Kamgheu, gynecologist; Tel. 22 23 98 51
- Dr Yvette Mang Yon Tjega, psychologist; Tel. 22 31 95 26

HOSPITALS AND CLINICS

- Hôpital général de référence: tel.: 22 21 20 18, Urgences: tel.: 22 20 28 02
- Hôpital central: tel.: 22 23 40 20. 22 20 28 02
- Centre médico-scolaire de la coopération française: tel.: 22 23 01 32
- University teaching hospital: tel.: 22 31 04 40, 22 31 21 03, 22 31 25 66
- Centre médico-chirurgical d’Essos: tel.: 22 23 02 25, 22 23 60 34
- Hôpital militaire: tel.: 22 22 00 80
- SAMU: poste fixe 19, mobile 119
- Polyclinique de Yaoundé: tel.: 22 20 23 37
- Polyclinique Fouda: tel. 22 22 93 68
- Clinique Edou: tel.: 22 20 18 56
- Clinique Tchokokam: tel.: 22 20 21 41

CONTACT PERSONS AT WHO COUNTRY OFFICE, CAMEROON

	Nom	Position	E-mail	Numéro téléphone	WHO GPN N°
1.	Dr Ndiaye Charlotte	Acting WHO Representative	ndiayec@cm.afro.who.int	(237) 77 70 12 59	33601
2.	Ms Aster Gashaw Beza	Administrative Officer	gashawbezaa@cm.afro.who.int	(237) 96 01 17 16	33604
3.	Ms Jeanne Michèle Sig Sig	Administrative Assistant	sigij@cm.afro.who.int	(237) 99 98 46 09	33607
4.	Ms Monique Lowa	Programme Assistant	lowam@cm.afro.who.int	(237) 99 97 32 11	33643
5.	Ms Philomène Picarde Mikièje	Secretary, WHO Representative	mikiejep@cm.afro.who.int	(237) 99 41 16 97	33603
6.	M. Pierre Lessimi	Administrative Services Officer, WHO Regional Office for Africa	lessimip@afro.who.int	(242) 770-01-85	39103

**Fifty-eighth session of the WHO Regional Committee for Africa
1–5 September 2008, Yaounde, Cameroon**

Hotel Reservation Form

Please complete this form and send to the following fax numbers or email addresses:

- 47 241 39501 .
- 47 241 39501
- 47 241 39502

lessimip@afro.who.int, adhiamboj@afro.who.int, koungav@afro.who.int,
ampat@afro.who.int or gashawbezaa@cm.afro.who.int

A. Participant details:

Surname: _____ First name: _____ Title: M./Mme/Dr/Prof
Position: _____ Organization/Agency: _____
P. O Box: _____
City: _____ Country: _____
Tel.: _____ Fax: _____

B. Accommodation

Please reserve a room for me in the following hotel:

Preference	Name of hotel (see list appended)	Specify type of room	Number of persons
1 st choice			
2 nd choice			
3 rd choice			

C. Flight details

Arrival date: _____ Time: _____ Flight No.: _____
Departure date: _____ Time: _____ Flight No.: _____

NB: If we are unsuccessful in obtaining your choice above, we will be compelled to reserve a room for you in another hotel

LIST OF HOTELS

No.	Hotel	Type of room	No of rooms	Price US\$	Price FCFA	Adress	Telephone	Fax	E-mail/ Internet site
1.	Hotel Hilton	Suite Alcôve Standard	5 10 150	577 312 187	250 000 135 000 81 000	Boulevard du 20 mai BP 11 852 Yaoundé	(237) 22 23 36 46	(237) 22 22 32 10	Info_yaounde@hilton.com
2.	Hôtel Mont Fébé *	Suite senior Suite junior Standard	2 10 150	514 293 136	223 000 127 000 59 000	BP 711, Yaoundé	(237) 22 21 40 02	(237) 22 21 60 70	Site: www.hotelmontfebe.com
3.	Hotel Franco	Suite senior Suite junior Standard	6 6 60	231 162 127	100 000 70 000 55 000	BP 3336, Yaoundé	(237) 22 20 13 07 (237) 22 20 13 08	(237) 22 20 13 11	hotelfranco@iccnnet.cm
4.	Djeuga Palace	Suite senior Suite junior Standard	6 6 120	285 219 128	123 500 95 000 55 555	BP 2659, Yaoundé	(237) 22 22 46 46 (237) 22 22 64 57	(237) 22 22 4700 (237) 22 22 6426	sales@djeuga.com
5.	Hotel des Députés *	Standard	100	81	35 000	BP 24, Yaoundé	(237) 22 22 46 60 (237) 22 22 49 65 (237) 22 22 40 77 (237) 22 22 49 65	(237) 22 23 37 10	hotel.deputes@iccnnet.cm
6.	Hotel Azur	Suite Standard	2 59	138 57	60 000 25 000	BP 2169, Yaoundé	(237) 22 21 16 40 (237) 22 21 16 41	(237) 22 21 16 39	hotafric@iccnnet.cm
7.	Meumi Palace	Suite senior Suite junior Standard	3 2 63	115 92 57	50 000 40 000 25 000	BP 1225, Yaoundé	(237) 22 20 92 11 (237) 22 21 16 07	(237) 22 21 16 22	meumi-palace@yahoo.fr meumihotel2000@yahoo.fr
8.	Hotel Mansel *	Suite Standard	6 50	48 39	22 000 17 000	BP 2060, Yaoundé	(237) 22 20 24 62 (237) 22 20 63 72 (237) 22 21 00 07	(237)22 20 63 73	Site: www.hotelmansel.com
9.	Hotel Mérina *	Standard	60	93	40 500	BP 14304, Yaoundé	(237) 22 22 21 31	(237) 22 22 21 61	directeurmerina@cameroun-plus.com Site web: www.cameroun-plus.com
10.	Hotel Sawa Douala	Suite senior Suite junior Standard	2 10 129	398 325 97	172 500 141 000 42 000	BP 2345, Douala	(237) 33 42 05 25 (237) 33 42 08 24 (237) 33 42 08 66	(237) 33 42 38 71	hotelsawa@hotelsawa.com

* Including breakfast

Exchange rate: US\$ 1= CFAF 433